

# Menu - April - October 2025

|  |   | Week One<br>21/04, 12/05, 09/06, 30/06, 01/09, 22/09, 13/10   | Week Two<br>28/04, 19/05, 16/06, 07/07, 08/09, 29/09   | Week Three<br>05/05, 02/06, 23/06, 14/07, 15/09, 06/10   |
|--|---|---|--|--|
| Monday   | Option 1  | Cheese Slice   | Cheesy Pasta    | Cheese & Tomato Pizza                 |
|  | Option 2  | Pasta Provencale   | Tomato Pasta    | Curried Vegetable Pasty               |
|  | served with   | Pasta<br>Baked Beans & Peas   | Garlic Bread<br>Mixed Salad & Sweetcorn  | Pasta<br>Coleslaw & Sweetcorn Salad  |
|  | Option 3  | Jacket Potato with *Cheese & Beans   | Jacket Potato with *Cheese & Beans                      | Jacket Potato with *Cheese & Beans    |
| Dessert  | Ice Cream<br>Fruit Jelly or Fresh Fruit          | Ice Cream<br>Fruit Jelly or Fresh Fruit    | Ice Cream<br>Fruit Jelly or Fresh Fruit                 |  |
| Tuesday  | Option 1  | Chicken Fajitas   | Beef Tacos   | Baked Sausages   |
|  | Option 2  | *Mexican Bean Wraps    | *Veggie Tacos   | Quorn Sausage                         |
|  | served with   | Rice<br>Carrot Batons & Shredded Lettuce  | Rice<br>Roasted Mediterranean Vegetables   | Mashed Potatoes<br>Baked Beans & Peas  |
|  | Option 3  | Jacket Potato with *Cheese & Beans   | Jacket Potato with *Cheese & Beans                      | Jacket Potato with *Cheese & Beans    |
| Dessert  | Krispie Cake<br>Fruit Jelly or Fresh Fruit     | Cheeky Chocolate Cake<br>Fruit Jelly or Fresh Fruit    | Iced Carrot Cake<br>Fruit Jelly or Fresh Fruit        |  |
| Wednesday  | Option 1  | Roast Chicken with Yorkshire Pudding  | Sausage Roll Slice   | Roast Chicken & Stuffing   |
|  | Option 2  | Carrot & Lentil Bake   | Quorn Sausage Roll                                    | Veggie Meatloaf                     |
|  | served with   | Roast Potatoes<br>Green Beans & Mixed Vegetables  | Roast Potatoes<br>Diced Carrots & Broccoli   | Roast Potatoes<br>Cauliflower & Diced Carrots  |
|  | Option 3  | Jacket Potato with *Cheese & Beans   | Jacket Potato with *Cheese & Beans                    | Jacket Potato with *Cheese & Beans  |
| Dessert  | Orange Flapjack<br>Fruit Jelly or Fresh Fruit  | Oat Cookie<br>Fruit Jelly or Fresh Fruit   | Goey Chocolate Biscuit<br>Fruit Jelly or Fresh Fruit  |  |
| Thursday   | Option 1  | Meaty Pizza   | Pork Meatballs   | Gammon Ham   |
|  | Option 2  | Vegetable Frittata   | Meatless Meatballs                                    | Crunchy Vegetable Crumble           |
|  | served with   | Saute Potatoes<br>Mixed Salad & Coleslaw  | Pasta<br>Mixed Vegetables & Green Beans  | Potato Puffs<br>Cucumber Sticks & Grated Carrot Salad  |
|  | Option 3  | Jacket Potato with *Cheese & Beans   | Jacket Potato with *Cheese & Beans                    | Jacket Potato with *Cheese & Beans  |
| Dessert  | Iced Lemon Cake<br>Fruit Jelly or Fresh Fruit  | Ginger Cookie<br>Fruit Jelly or Fresh Fruit    | Marble Sponge<br>Fruit Jelly or Fresh Fruit           |  |
| Friday   | Option 1  | Fish Fingers   | Fish Fingers    | Fish Fingers                        |
|  | Option 2  | Veggie Nuggets   | Veggie Nuggets                                        | Veggie Nuggets                      |
|  | served with   | Chips or Pasta<br>Baked Beans & Sweetcorn   | Chips or Pasta<br>Baked Beans & Peas   | Chips or Pasta<br>Baked Beans & Sweetcorn  |
|  | Option 3  | Jacket Potato with *Cheese & Beans   | Jacket Potato with *Cheese & Beans                    | Jacket Potato with *Cheese & Beans  |
| Dessert  | Cooks Choice<br>Fruit Jelly or Fresh Fruit     | Cooks Choice<br>Fruit Jelly or Fresh Fruit   | Cooks Choice<br>Fruit Jelly or Fresh Fruit            |  |
|  Suitable for Vegetarians<br> Suitable for Vegans & Vegetarians<br> Contains Fish |   | <p>All items are subject to availability</p> <p>All Items with * can be made Vegan Friendly</p> <p><a href="http://www.wholeschoolmeals.co.uk">www.wholeschoolmeals.co.uk</a></p> |  |  |