

## Home Learning Activities

As well as learning the Phonics and Numbers and following our home learning work from school, it is really important that children in Early Years education learn through play. We have put together a few learning opportunities for children that can be accessed from home.

### Encourage your child's interests



The way we teach children in school is by following the interests and ideas of the children. One of the best parts about educating your child at home is that you can harness their natural enthusiasm for a given subject too. Are they crazy about LEGO? Do they love singing and dancing? Do they love Science? Are they into crafts?

Do they like dinosaurs or Space? If they love what they're doing, they might not even realise they are learning! Another sure-fire way to get children engaged in a project is to give them the role of the 'teacher'. If they feel like experts in a particular field showing off their knowledge to others, it's more likely to keep them on track.

### Baking



Baking provides a wealth of learning opportunities. Working through a simple recipe with your child will help develop measuring skills (Maths), following instructions (English) and can help them understand reversible and irreversible changes (Science). Ask your child questions as you work through the recipe, such as 'What do we need to do next?', 'How does our mixture look different now to before we added the flour/butter/sugar?' They also get an added bonus at the end when they get to eat what they have made!

## Planting



Planting seeds and watching them sprout and grow is always a rewarding activity to do with your children. And you don't need a garden either; a few simple supplies are all you need to get you started. Pop some multi-purpose compost in a plant pot, plastic cup or old yogurt pot, sprinkle the seeds in and cover with compost. Encourage your child to take responsibility for making sure the plant has enough water and sunlight, and challenge them to record what happens to the seed each day. They could take photos, draw pictures, measure the height etc.

## Keeping Active



Being less able to go outside and play with other children may mean that your child is less active than normal but there are lots of ways you can incorporate exercise into your new home learning routine. YouTube is an endless source of great exercise and dance videos for your children. Try these to start with - there are plenty more!

- [Dance 'n Beats](#) has a wide selection of fun dance routines for younger children to enjoy.
- [Just Dance](#) has a more challenging selection of videos for older children.
- [Cosmic Kids Yoga](#) has a fun range of videos to guide your child through yoga sessions.

Make sure children warm up and warm down before and after each workout session. Walking on the spot, arm swings or circles, jumping jacks, side hops and lunges are all good options.

## Getting Artty



There are a wealth of Art activities you can do with your child at home that don't require too much equipment (or mess!). Here are just a few examples.

- **Rock painting:** grab some small rocks or pebbles next time you go out for a walk and paint them as animals to create pet rocks!
- **Photo cut-outs:** Print off any picture and cut it in half using zigzag lines. Stick onto a plain sheet of paper and challenge your child to complete the picture.
- **Copy the masters:** Challenge children to replicate the art of artists. For example, Piet Mondrian or Kandinsky.
- **Still life:** plop an apple, a vase, a glass or a flower in front of them and challenge children to draw what they see.
- **Model making:** recycle your boxes and packets. Give them the things and let their imagination take them!

## Treasure or Scavenger Hunts

### **INDOOR SCAVENGER HUNT**

- Find a Fork.
- Find something that is red.
- Find a tissue box.
- Find 3 things that have wheels.
- Find an orange crayon.
- Find something that is very soft.
- Find a band-aid.
- Find a key.
- Find 2 socks that match.
- Find something round.
- Find a sticker.
- Find a rubber band.
- Find a pair of glasses.
- Find an envelope.



Hide a variety of challenges or items around the house. Children have to find and solve each one to get a prize.

Scavenger hunts, when on a walk, can be fun and educational too. Can you find different plants or leaves for example?

<https://abcdoes.com/home-learning/>



Take  
a  
deep  
breath...

YOU'VE GOT THIS

This website has a wonderful selection of home-learning ideas for Early Years. You can dip in and out of it for ideas of learning through play alongside our school home learning.